

The Penn Relays - 4/25/2017 to 4/26/2017
Franklin Field
Philadelphia - PA
Results - Decathlon

Men Decathlon

	Points	100	LJ	SP	HJ	400 Day1	110H	DT	PV	JT	1500
1 Tobias Kaiser	11.93	6.47m	11.21m	1.66m	54.70	15.26	36.21m	4.14m	57.61m	4:47.23	
Queens	w: -3.9	w: 1.4	36-09.5	5-05.25		w: 2.4	118-09	13-07	189-00		
FR	6437	(665)	(691)	(559)	(512)	(611) 3038	(818)	(588)	(656)	(702)	(635)
2 Darryl Workcuff	11.09	6.70m	10.28m	1.84m	51.84	17.30	27.27m	3.64m	45.74m	4:53.37	
Mount St. Mary's	w: -3.9	w: -0.2	33-08.75	6-00.5		w: 2.4	89-06	11-11.25	150-01		
JR	6126	(841)	(743)	(502)	(661)	(732) 3479	(593)	(411)	(519)	(526)	(598)
3 Philippe Baril	11.79	6.28m	10.42m	1.69m	53.11	16.18	30.90m	3.04m	47.30m	4:50.11	
Laval	w: -3.9	w: 1.7	34-02.25	5-06.5		w: 2.4	101-04	9-11.75	155-02		
	5794	(693)	(648)	(511)	(536)	(677) 3065	(713)	(482)	(367)	(549)	(618)
4 Alex Bonitto	12.11	6.18m	12.01m	1.66m	52.49	17.15	33.78m	2.64m	32.81m	4:38.58	
Franklin Pierce	w: -3.9	w: -0.8	39-05	5-05.25		w: 2.4	110-10	8-08	107-08		
SR	5526	(629)	(626)	(607)	(512)	(703) 3077	(609)	(539)	(273)	(339)	(689)
5 Peter Nsaka Malonge	11.93	6.48m	10.12m	1.84m	56.81	16.51	34.01m	3.54m	13.55m	4:46.92	
Laval	w: -3.9	w: 2.0	33-02.5	6-00.5		w: 2.4	111-07	11-07.25	44-05		
	5467	(665)	(693)	(493)	(661)	(528) 3040	(676)	(544)	(493)	(77)	(637)

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Results - Heptathlon

Women Heptathlon

	Points	100H	HJ	SP	200	Day1	LJ	JT	800
1 Janelle Perry Ursuline SO	4583	15.10 w: -0.4 (828)	1.55m 5-01 (678)	9.46m 31-00.5 (494)	26.32 w: -1.4 (769)	2769	5.59m w: 0.4 (726)	24.63m 80-10 (375)	2:28.38 (713)
2 Mary Adeyeye Albany SR	4396	16.22 w: -0.4 (688)	1.49m 4-10.5 (610)	12.35m 40-06.25 (684)	27.69 w: -1.4 (655)	2637	4.95m w: 0.2 (546)	29.17m 95-08 (461)	2:25.36 (752)
3 Allison Hufnagel Western Michigan SO	4384	15.88 w: 0.6 (729)	1.61m 5-03.25 (747)	8.69m 28-06.25 (444)	27.29 w: -3.8 (688)	2608	4.93m w: 0.1 (540)	30.97m 101-07 (495)	2:26.24 (741)
4 Nicole Galewski Franklin Pierce JR	4160	15.89 w: 0.6 (728)	1.49m 4-10.5 (610)	9.55m 31-04 (500)	27.77 w: -3.8 (649)	2487	5.06m w: -0.7 (576)	29.90m 98-01 (475)	2:35.83 (622)
5 Jessica Calzolari RIT SR	4077	16.44 w: 0.6 (661)	1.55m 5-01 (678)	9.17m 30-01 (475)	28.48 w: -1.4 (594)	2408	5.05m w: +0.0 (573)	30.54m 100-02 (487)	2:36.90 (609)
6 Emily Hagarty Adelphi JR	3925	16.83 w: -0.4 (616)	1.55m 5-01 (678)	9.39m 30-09.75 (490)	29.90 w: -3.8 (489)	2273	4.76m w: +0.0 (495)	36.47m 119-08 (600)	2:41.37 (557)
DNF Helena Reinfels Montreal		DNS (0)	DNS (0)	DNS (0)	DNS (0)				
DNF Kayla Cool Ursuline JR		20.51 w: -0.4 (261)	1.37m 4-06 (481)	9.90m 32-05.75 (523)	29.54 w: -3.8 (515)		4.78m w: -0.5 (500)	30.62m 100-05 (488)	DNS (0)

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Heptathlon: #4 Women 200 Meter Dash

Name	Yr	School	Finals	
Section 1 Wind: -3.8				
1 Allison Hufnagel	SO	Western Michigan	27.29	688
2 Nicole Galewski	JR	Franklin Pierce	27.77	649
3 Kayla Cool	JR	Ursuline	29.54	515
4 Emily Hagarty	JR	Adelphi	29.90	489
Section 2 Wind: -1.4				
1 Janelle Perry	SO	Ursuline	26.32	769
2 Mary Adeyeye	SR	Albany	27.69	655
3 Jessica Calzolari	SR	RIT	28.48	594

Heptathlon: #7 Women 800 Meter Run

Name	Yr	School	Finals	
Section 1				
1 Mary Adeyeye	SR	Albany	2:25.36	752
1:12.939 (1:12.939) 2:25.351 (1:12.413)				
2 Allison Hufnagel	SO	Western Michigan	2:26.24	741
1:13.267 (1:13.267) 2:26.233 (1:12.966)				
3 Janelle Perry	SO	Ursuline	2:28.38	713
1:13.158 (1:13.158) 2:28.375 (1:15.217)				
4 Nicole Galewski	JR	Franklin Pierce	2:35.83	622
1:15.314 (1:15.314) 2:35.828 (1:20.514)				
5 Jessica Calzolari	SR	RIT	2:36.90	609
1:15.063 (1:15.063) 2:36.892 (1:21.829)				
6 Emily Hagarty	JR	Adelphi	2:41.37	557
1:16.559 (1:16.559) 2:41.361 (1:24.802)				

Heptathlon: #1 Women 100 Meter Hurdles

Name	Yr	School	Finals	
Section 1 Wind: 0.6				
1 Allison Hufnagel	SO	Western Michigan	15.88	729
2 Nicole Galewski	JR	Franklin Pierce	15.89	728
3 Jessica Calzolari	SR	RIT	16.44	661
Section 2 Wind: -0.4				
1 Janelle Perry	SO	Ursuline	15.10	828
2 Mary Adeyeye	SR	Albany	16.22	688
3 Emily Hagarty	JR	Adelphi	16.83	616
4 Kayla Cool	JR	Ursuline	20.51	261

Heptathlon: #2 Women High Jump

Name	Yr	School	Finals	
Flight 1				
1 Allison Hufnagel	SO	Western Michigan	1.61m	747
2 Jessica Calzolari	SR	RIT	1.55m	678
2 Emily Hagarty	JR	Adelphi	1.55m	678
2 Janelle Perry	SO	Ursuline	1.55m	678
5 Nicole Galewski	JR	Franklin Pierce	1.49m	610
5 Mary Adeyeye	SR	Albany	1.49m	610
7 Kayla Cool	JR	Ursuline	1.37m	481

Heptathlon: #5 Women Long Jump

Name	Yr	School	Finals	
Flight 1				
1 Janelle Perry	SO	Ursuline	5.59m	726
2 Nicole Galewski	JR	Franklin Pierce	5.06m	576
3 Jessica Calzolari	SR	RIT	5.05m	573
4 Mary Adeyeye	SR	Albany	4.95m	546
5 Allison Hufnagel	SO	Western Michigan	4.93m	540
6 Kayla Cool	JR	Ursuline	4.78m	500
7 Emily Hagarty	JR	Adelphi	4.76m	495

Heptathlon: #3 Women Shot Put

Name	Yr	School	Finals	
Flight 1				
1 Mary Adeyeye	SR	Albany	12.35m	684
2 Kayla Cool	JR	Ursuline	9.90m	523
3 Nicole Galewski	JR	Franklin Pierce	9.55m	500
4 Janelle Perry	SO	Ursuline	9.46m	494
5 Emily Hagarty	JR	Adelphi	9.39m	490
6 Jessica Calzolari	SR	RIT	9.17m	475
7 Allison Hufnagel	SO	Western Michigan	8.69m	444

Heptathlon: #6 Women Javelin Throw

Name	Yr	School	Finals	
Flight 1				
1 Emily Hagarty	JR	Adelphi	36.47m	600
2 Allison Hufnagel	SO	Western Michigan	30.97m	495
3 Kayla Cool	JR	Ursuline	30.62m	488
4 Jessica Calzolari	SR	RIT	30.54m	487
5 Nicole Galewski	JR	Franklin Pierce	29.90m	475
6 Mary Adeyeye	SR	Albany	29.17m	461
7 Janelle Perry	SO	Ursuline	24.63m	375

Women Heptathlon

Name	Yr	School	Finals	
1 Janelle Perry	SO	Ursuline	4583	
2 Mary Adeyeye	SR	Albany	4396	
3 Allison Hufnagel	SO	Western Michigan	4384	
4 Nicole Galewski	JR	Franklin Pierce	4160	
5 Jessica Calzolari	SR	RIT	4077	
6 Emily Hagarty	JR	Adelphi	3925	

Decathlon: #1 Men 100 Meter Dash

Name	Yr	School	Finals	
Section 1 Wind: -3.9				
1 Darryl Workcuff	JR	Mount St. Mary's	11.09	841
2 Philippe Baril		Laval	11.79	693
3 Tobias Kaiser	FR	Queens	11.93	665
4 Peter Nsaka Malonge		Laval	11.93	665
5 Alex Bonitto	SR	Franklin Pierce	12.11	629

Decathlon: #5 Men 400 Meter Dash

Name	Yr	School	Finals	
Section 1				
1 Darryl Workcuff	JR	Mount St. Mary's	51.84	732

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Section 1 ... (Decathlon: #5 Men 400 Meter Dash)

Name	Yr	School	Finals
2 Alex Bonitto	SR	Franklin Pierce	52.49 703
3 Philippe Baril		Laval	53.11 677
4 Tobias Kaiser	FR	Queens	54.70 611
5 Peter Nsaka Malonge		Laval	56.81 528

Decathlon: #10 Men 1500 Meter Run

Name	Yr	School	Finals
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Section 1

1 Alex Bonitto	SR	Franklin Pierce	4:38.58 689
50.317 (50.317) 2:04.224 (1:13.907) 3:22.460 (1:18.237)			
4:38.574 (1:16.114)			
2 Peter Nsaka Malonge		Laval	4:46.92 637
50.430 (50.430) 2:05.807 (1:15.378) 3:30.107 (1:24.300)			
4:46.918 (1:16.811)			
3 Tobias Kaiser	FR	Queens	4:47.23 635
50.736 (50.736) 2:06.774 (1:16.039) 3:30.062 (1:23.288)			
4:47.226 (1:17.164)			
4 Philippe Baril		Laval	4:50.11 618
50.096 (50.096) 2:04.731 (1:14.636) 3:29.764 (1:25.034)			
4:50.109 (1:20.345)			
5 Darryl Workcuff	JR	Mount St. Mary's	4:53.37 598
50.202 (50.202) 2:05.337 (1:15.136) 3:31.059 (1:25.722)			
4:53.370 (1:22.311)			

Decathlon: #6 Men 110 Meter Hurdles

Name	Yr	School	Finals
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Section 1 Wind: 2.4

1 Tobias Kaiser	FR	Queens	15.26 818
2 Philippe Baril		Laval	16.18 713
3 Peter Nsaka Malonge		Laval	16.51 676
4 Alex Bonitto	SR	Franklin Pierce	17.15 609
5 Darryl Workcuff	JR	Mount St. Mary's	17.30 593

Decathlon: #4 Men High Jump

Name	Yr	School	Finals
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Flight 1

1 Peter Nsaka Malonge		Laval	1.84m 661
1 Darryl Workcuff	JR	Mount St. Mary's	1.84m 661
3 Philippe Baril		Laval	1.69m 536
4 Tobias Kaiser	FR	Queens	1.66m 512
4 Alex Bonitto	SR	Franklin Pierce	1.66m 512

Decathlon: #8 Men Pole Vault

Name	Yr	School	Finals
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Flight 1

1 Tobias Kaiser	FR	Queens	4.14m 656
2 Darryl Workcuff	JR	Mount St. Mary's	3.64m 519
3 Peter Nsaka Malonge		Laval	3.54m 493
4 Philippe Baril		Laval	3.04m 367
5 Alex Bonitto	SR	Franklin Pierce	2.64m 273

Decathlon: #2 Men Long Jump

Name	Yr	School	Finals
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Flight 1

1 Darryl Workcuff	JR	Mount St. Mary's	6.70m 743
2 Peter Nsaka Malonge		Laval	6.48m 693
3 Tobias Kaiser	FR	Queens	6.47m 691
4 Philippe Baril		Laval	6.28m 648
5 Alex Bonitto	SR	Franklin Pierce	6.18m 626

Decathlon: #3 Men Shot Put

Name	Yr	School	Finals
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Flight 1

1 Alex Bonitto	SR	Franklin Pierce	12.01m 607
2 Tobias Kaiser	FR	Queens	11.21m 559
3 Philippe Baril		Laval	10.42m 511
4 Darryl Workcuff	JR	Mount St. Mary's	10.28m 502
5 Peter Nsaka Malonge		Laval	10.12m 493

Decathlon: #7 Men Discus Throw

Name	Yr	School	Finals
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Flight 1

1 Tobias Kaiser	FR	Queens	36.21m 588
2 Peter Nsaka Malonge		Laval	34.01m 544
3 Alex Bonitto	SR	Franklin Pierce	33.78m 539
4 Philippe Baril		Laval	30.90m 482
5 Darryl Workcuff	JR	Mount St. Mary's	27.27m 411

Decathlon: #9 Men Javelin Throw

Name	Yr	School	Finals
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Flight 1

1 Tobias Kaiser	FR	Queens	57.61m 702
2 Philippe Baril		Laval	47.30m 549
3 Darryl Workcuff	JR	Mount St. Mary's	45.74m 526
4 Alex Bonitto	SR	Franklin Pierce	32.81m 339
5 Peter Nsaka Malonge		Laval	13.55m 77

Men Decathlon

Name	Yr	School	Finals
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1 Tobias Kaiser	FR	Queens	6437
2 Darryl Workcuff	JR	Mount St. Mary's	6126
3 Philippe Baril		Laval	5794
4 Alex Bonitto	SR	Franklin Pierce	5526
5 Peter Nsaka Malonge		Laval	5467